



## Come and see us at the following events:

### Carers First Coffee Morning

Bracebridge Children's Centre  
Maple Street Lincoln

10am to 12pm

Wednesday 29<sup>th</sup> January

### Lincolnshire Parent Carer Forum

Signposting and Information Event  
Hubberts Bridge Community Centre, Boston

10.30am to 2.30pm

Friday 31<sup>st</sup> January

## UPCOMING EVENTS 2020

### ADHD WORKSHOP

13<sup>th</sup> February

10am to 4pm

Professionals £25

Parents/Carers/Adults with ADHD £10

### 1 2 3 MAGIC FOR TEENS COURSE

For parents of children 12 years and over

26<sup>th</sup> February & 4<sup>th</sup> March

10am to 2pm

£20 per person

### RESILIENCE AND ME COURSE

For Adults

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> March, 2<sup>nd</sup> April

10am to 12pm

£30 per person

### 1 2 3 MAGIC COURSE

For parents of children aged 2 to 12 Years

9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> June

9.30am to 2.45pm

£20 per person

# LINCOLNSHIRE ADHD SUPPORT SERVICES

### VENUE FOR ALL EVENTS

The Jubilee Halls, St Giles, Lincoln

Contact us for more information:

Tel: 01522 539939

Email: [lincsadhd@outlook.com](mailto:lincsadhd@outlook.com):